

Whats happening this month?



World Lung Cancer Day is observed annually on **August 1** to raise awareness and educate the public about lung cancer. The aim of this day is to educate the masses, provide the required support to patients, survivors, their families, and diagnosis and highlight the fact that anyone can get lung cancer irrespective of lifestyle.

August Bank holiday is celebrated on the last Monday of August for England, Wales and Northern Ireland (**25th August**). Scotland celebrates the day on the first Monday of August. For many this holiday marks the end of the summer holiday season and a time to go back to work or school.



International Overdose Awareness Day is observed every year on **August 31st** across the world. This global health awareness day aims to raise public knowledge about overdoses, reduce the stigma around drug-related deaths, and honour the grief felt by families and friends. For more info visit www.harmreductionworks.org.uk

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Stay up to date with us!

Follow us on our social media
for upcoming clinics, advice,
resources, and much more!



Dunelm Medical Practice



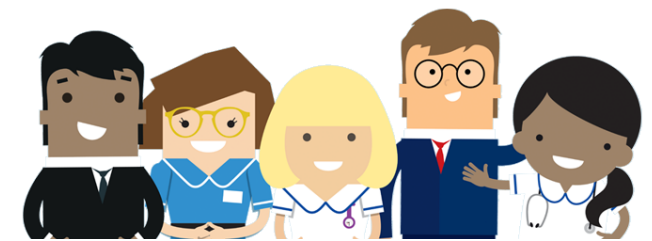
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Dunelm Medical Practice Newsletter August 2025





Hello and Goodbyes



As parents we want to do the right thing for our children.

But drinking before 18 can harm their physical and mental health and put them into risky situations. Providing children with alcohol undermines age of sale laws designed to protect our communities and can trigger heavier and more regular drinking....

Liver disease among young people is rising, while long term alcohol use is linked to at least seven types of cancer. The longer we can delay alcohol in their lives, the better.

As parents you have more influence than you think. You can help your children to avoid alcohol harms by:

- ⇒ learning about alcohol risks for young people,
- ⇒ understanding the myths,
- ⇒ talking to your children about alcohol,
- ⇒ agreeing rules,
- ⇒ being good role models.

Further support and information:

www.whatstheharm.co.uk

www.al-anonuk.org.uk

www.adfam.org.uk

www.riseabove.org.uk

www.talktofrank.com

Alcohol is the leading risk factor for death amongst 15-49 year olds in the UK



Every six months we welcome new Doctors in Training to Dunelm Medical Practice, but this also means we have to say goodbye to our current ones!

Welcome!

Dr Grace Poluyi

Dr Kirsty Cotterill-Stavers

Dr Muayad Shareef

Dr Tom Collicott

Dr Leo Hotchkies

Dr Laura McCormick

Dr Ola Al Halwachi

Dr Molly Harby

Dr Thomas Stubbs

Goodbye, we will miss you!

Dr Omer Ibrahim

Dr Mark Stothard

Dr Emily Shaw

Dr Zeryus Patel

Dr Megan Karczewski

Dr Marvin Putera

We also have Dr Nanda Aung joining us as a salaried GP!

It is important to note that our Doctors in Training have all graduated from medical school and are continuing their healthcare education on the way to becoming a full doctor. Each Doctors in Training will have an assigned Tutor.



The practice will be CLOSED Monday 25th August 2025 for the bank holiday.

We will reopen as usual on Tuesday 26th August 8:30am

If you require medical assistance during the closure, please contact NHS 111 or visit your nearest pharmacy for advice. In case of an emergency, dial 999.