



Guidance for Patients to send Photographs for skin consultations




1. Clearly expose skin

Remove make-up / fake tan and ensure hair or clothes are not obscuring lesion.

2. Ensure the shot is taken in a well lit area with a plain background and all pictures are clearly in focus.

3. Take a minimum of three pictures.

- From a distance (to identify site on the body)
- Closer to the body (for a macro view)
- Close up to the lesion (for a micro view)

Views	1. Site	2. Macro	3. Micro
Examples			
Aim	Enables the clinician to identify locations (eg. Right or left hand, upper or lower back) and compare it to other lesions.	This standard image can sometimes help the clinician to make a diagnosis.	Much more detailed view so the clinician can see features that might not be visible from standard imaging.
Tips	<p>Entire limb, head, back or head should be visible.</p> <p>PLEASE DRAW AN ARROW POINTING TO THE LESION.</p> <p>Label with a number if more than one lesion.</p>	<p>Lesions to be centrally located in the photograph with a RULER next to it for size.</p> <p>Hold the camera at a distance of approx. 10cm away from the site to allow the camera to focus and then shoot.</p> <p>Take a few extra pictures from different directions.</p>	<p>Keep the camera held without zoom at a distance of 10cm from the site until the image focuses, then zoom in to enlarge the image as much as possible ensuring the image remains in focus, then shoot.</p>